

innovations

"Celebrating the past - creating the future."

Quarterly Newsletter of the St. Alexius Foundation

SPRING 2007



Andy Wilson
President & CEO

I am pleased to share with you the first edition of the St. Alexius Foundation's newsletter, *Innovations*. We hope you will enjoy each newsletter as we update you on the innovative and quality services we provide to our patients, as well as the happenings of the Foundation.

St. Alexius Medical Center serves the Bismarck - Mandan community, western North Dakota, north central South Dakota and eastern Montana with exceptional medical services. As a member of the PrimeCare health group, we represent the most experienced, trusted and proven medical leaders in the region.

St. Alexius Medical Center continues to distinguish itself by adhering to a mission of service and a commitment to quality. Our healing presence exists not only for the patients for whom we care, but our Catholic identity also calls us to be advocates for those who cannot take care of themselves and those in need within our communities. Through our charity care program, everyone who comes to St. Alexius is given the best care by our physicians, nurses and staff, regardless of their income.

In order to continue to provide the quality care evidenced by numerous national healthcare awards, customer satisfaction and our mission, it is essential to have the resources necessary to sustain our workforce, to remain on the cutting-edge of technology and to continue to assist those in need.

As you consider your charitable giving, we ask you to support St. Alexius Medical Center and the St. Alexius Foundation. Your commitment will allow us to continue to, *"Let all be received as Christ."*



Sr. Susan Berger
Prioress

For nearly 125 years, St. Alexius Medical Center has maintained a long-standing tradition of healing and hospitality. With no healthcare facility between St. Paul and Seattle, the Benedictine sisters began their healthcare ministry in Bismarck in 1885.

Bismarck and St. Alexius Medical Center have grown side-by-side. While many things have changed since the 1880s, one thing remains constant...our mission to receive and serve all as Christ. Through Christ's healing ministry, we serve everyone who enters our facility with care and compassion.

St. Alexius has grown upon the strong foundation laid by the first sisters, physicians and staff. The mission and spirit that guided the founders of St. Alexius now guides those who continue the mission - to further the ministry of Jesus. Just as the early pioneers of St. Alexius forged ahead, so, today, do the administration, physicians and staff. Through their service and commitment, the medical center's influence and reputation has spread throughout the region.

Today, we continue to value the frontier spirit. Our genuine care and concern for people ensures that patients experience the kind of care they value: compassionate, thorough and often ranking among the top hospitals in the nation. The mission of St. Alexius continues to inspire us to provide excellent health care and to guide our healing presence.

We are grateful to you for your support of St. Alexius, your belief in our mission and values and for your prayers. May God look upon you and yours and bless you with abiding love and peace. May God continue to rain blessings of courage and commitment onto you as you join with us as stewards of St. Alexius and its Foundation.



900 E Broadway Ave
Bismarck, ND 58506-5510
Phone: (701) 530-7065
Fax: (701) 530-7388
www.st.alexius.org/donations

TO CONTACT A FOUNDATION STAFF MEMBER:

Rodger Wetzel
Director

(701) 530-7379

e-mail: rwetzel@primecare.org

Jaclyn Bugbee
Development Coordinator

(701) 530-7394

e-mail: jbugbee@primecare.org

Karen Shilman
Projects Specialist

(701) 530-7389

e-mail: kshilman@primecare.org

MIRACLES THROUGH COOPERATION



Asia sleeping on mom's lap.



Alyssa looking over dad's shoulder.

When Kisha and David Faulkner were told they were expecting twins, they were overjoyed. Kisha experienced a normal pregnancy until she was five weeks from her due date. She came into St. Alexis Medical Center on December 2, 2006 with cramps and thought she may be going into labor. That wasn't the case. Kisha was actually suffering from a condition called preeclampsia, characterized by high blood pressure. Kisha also went into respiratory

arrest while at the hospital putting herself and her unborn babies at high risk.

An emergency cesarean section was performed to save the lives of Kisha and the babies. The C-section proved to be a success. Kisha spent the next days following delivery in critical condition in Intensive Care, while the babies, Alyssa and Asia, were in Neonatal Intensive Care.

The efforts of everyone to save Kisha and her girls were recognized on March 7, 2007 in a celebration called *Miracles Through Cooperation*. This program was established to recognize the important role of teamwork and carrying on the St. Alexis mission while saving lives. Staff and physician specialists from Labor & Delivery, Critical Care, Neonatology, Anesthesia and Respiratory Therapy were acknowledged and recognized for their exceptional care.

GIVE ONLINE TO THE FOUNDATION



When you give to St. Alexis Medical Center through our Foundation, you support your community and help your friends and neighbors. Your generous gift provides opportunities to improve patient care. Each contribution makes the difference in the lives of families who believe in the exceptional healthcare at St. Alexis.

We encourage you to visit our website at www.st.alexius.org/donations. You can view the many programs the Foundation supports, read about past donors or meet the Foundation staff. Your donation helps support the mission to "Let all be received as Christ".

FRIENDS ARE GENEROUS TO THE FOUNDATION

We are grateful to the following individuals, corporations and organizations who have given significant donations to the St. Alexis Foundation.

- ▶ St. Alexis Auxiliary - for the various needs of St. Alexis
- ▶ MDU Resources - grant to support "Services for the Uninsured"
- ▶ Kohl's Corporation - grant to support the *St. Alexis Children's Fun and Health Day*
- ▶ Basin Electric Power Cooperative - to the Hospice Program
- ▶ Wally Beyer - to the Hospice Program, in memory of Patricia Shaw Beyer
- ▶ Lu Graeber - to the Hospice Program's rural services, in memory of Wade Graeber

Donations made to St. Alexis Foundation significantly help programs to provide services at St. Alexis and in our region. These programs contribute to enhance the healing presence at St. Alexis. All donations contributed to the Foundation or to any program at St. Alexis are greatly appreciated.

ST. ALEXIUS PROVIDES COMMUNITY BENEFITS

St. Alexis Medical Center, as a non-profit, charitable hospital, provides many health-related services to the community. Examples include supporting other health-related non-profit organizations and providing educational programs, health screening and information on a wide variety of topics.

One essential charitable service that St. Alexis provides is hospital care for people who cannot afford to pay for their care. During the last year alone, St. Alexis provided about \$6 million in care under its "Charity Care" program, where people can apply to have some or all of their bill forgiven; and for care after which people simply could not afford to pay their bill.

St. Alexis is committed to its motto, "Let all be received as Christ." Your contributions to St. Alexis, through the Foundation, can assure that quality hospital care is available to all of us into the future, no matter our ability to pay for that care.

ST. ALEXIUS AND KOHL'S SPONSOR THE ST. ALEXIUS CHILDREN'S FUN AND HEALTH DAY

Kohl's Department Store recently donated \$4,213 to the St. Alexis Foundation to support the *St. Alexis Children's Fun & Health Day*. The funds were made possible through the sale of special merchandise from the Kohl's Cares for Kids program. The profits from the sale of these items are distributed locally to promote health and educational opportunities for children in the community. After opening their new store in September, 2005, Kohl's selected St. Alexis Medical Center as the children's charity they support in the Bismarck-Mandan community.



First Lady Mikey Hoeven speaks about the importance of children's healthcare and making healthy choices in everyday life.

"The partnership that St. Alexis Foundation has with Kohl's and the Kohl's Cares for Kids program has made it

possible for St. Alexis to continue to offer the *St. Alexis Fun and Health Day* to the second grade students this year," said Jody Benz, Director of the Children's Unit at St. Alexis Medical Center. "This event has been hosted for over 10 years and it continues to grow." Over 550 area second graders attended the event on March 28, 2007 at the Bismarck Eagles to learn about poison safety and prevention, stranger awareness, fire safety, nutrition education, backpack safety and ATV safety.

First Lady Mikey Hoeven made a special appearance. She spoke about the importance of children's health and making healthy choices in everyday life.

PLANNING FOR YOUR FUTURE - THROUGH THE ST. ALEXIUS FOUNDATION

Planning your estate is vital as you plan for, or already have entered, your retirement. In too many situations, personal assets or prized family possessions have not gone to the intended recipients. The steps you take now will affect the lives of many people and organizations that you care about in the future.

Why planned giving? For starters, significant economic benefits exist for you, including reduced capital gains and income taxes, asset protection and an opportunity to have a guaranteed income for life! In addition, wonderful opportunities exist to pass assets on to your family members at a reduced tax liability, while allowing you to achieve your charitable goal.

You can make a planned gift to the St. Alexis Foundation in a number of ways, including bequests, cash, life income trusts and annuities, life insurance, real estate, securities and any combination of the above.

By contributing to the St. Alexis Foundation, you receive satisfaction in knowing we are playing an integral role in

the future of high-quality healthcare, and advanced research and technology at St. Alexis Medical Center.

St. Alexis Foundation Program

"Planning For Your Future"

- Importance of an up-to-date will
- Advantages of a power of attorney
- Advance healthcare directives

Presenter: **Michael L. Wagner**, Attorney
Wagner Law Firm, PC

When: Tuesday, May 22, 2007
4:00 - 5:30 p.m.; and
7:00 - 8:30 p.m. (Repeat)

Where: St. Alexis Boniface Auditorium
(10th and Rosser Ave.)

Registration:
Deadline is Monday, May 21,
12 noon. Register by calling
530-7700 or toll-free
1-800-843-9628.

Cost: FREE. All ages welcome.
Refreshments will be served.





FOUNDATION BECOMES MORE VISIBLE



Rodger Wetzel
Director



Jaclyn Bugbee
Development Coordinator



Karen Shilman
Projects Specialist

In 1992, St. Alexius Medical Center established the St. Alexius Foundation. Since then, the support we have received continues to enhance the health-related services provided by St. Alexius.

Because of the increased interest in supporting the quality health services provided by St. Alexius, and the need for additional community financial support to help assure that these important services will continue to be available in our region, St. Alexius has made the decision to expand our Foundation work, and to increase our Foundation staff.

In April, Jaclyn Bugbee joined our Foundation staff as the Development Coordinator. She will work with Rodger Wetzel and Karen Shilman as we expand the Foundation and Development activities. This expansion will allow us to offer you additional opportunities to share your time, talent and treasure with St. Alexius. Thank you

for your continued support of the St. Alexius Auxiliary and the St. Alexius Foundation. We look forward to joining with you to continue to *"Let all be received as Christ."*

ST. ALEXIUS FOUNDATION RECEIVES DONATION FROM ST. ALEXIUS AUXILIARY

The St. Alexius Medical Center Auxiliary contributed \$25,000 to the St. Alexius Foundation during its annual meeting January 23, 2007. This contribution reflects the purpose and tradition of the Auxiliary "to enhance the welfare of the medical center's patients and visitors".

Auxiliary members share their time and talents to create a

healing presence within the medical center. Thanks to the Auxiliary, patients receive handmade holiday tray favors and prayer blankets. Ortho patients receive toe cozies, and babies born in December receive special blankets.



Rodger Wetzel, Director of the St. Alexius Foundation, accepts \$25,000 in donated funds from Rose Cermak, President of the St. Alexius Auxiliary.