



innovations

"Celebrating the past - creating the future."

Quarterly Newsletter of the St. Alexis Foundation

WINTER 2010

Seraphim and Cherubim Knitters...Crocheting to Keep Babies Warm



Each year, over 1,200 babies are born at St. Alexis Medical Center. With each new life, each baby receives a gift to cherish forever...a hand knitted cap. Two and a half years ago Sue Lacher, a volunteer at St. Alexis Medical Center, organized her friends, family and other volunteers to start the Seraphim and Cherubim Knitters. She started the project in memory of her mother, Mary Sadowsky, a graduate of the St. Alexis School of Nursing in 1939. Mary spent 40 years working as a Labor and Delivery nurse at St. Joseph's Hospital in Dickinson. Mary and other volunteers started a tradition of knitting caps for newborn babies at St. Joseph's. Sue decided to continue the tradition by crocheting caps for babies born at St. Alexis.

Today, the Seraphim and Cherubim Knitters are comprised of over 40 knitters. They provide a cap to each child born at St. Alexis – between 100 and 120 babies each month. Parents truly enjoy the gift. Not only is the cap a keepsake, but it also keeps the baby's head warm while in the hospital and after they leave. "If I happen to be at St. Alexis and that sweet lullaby comes on that says, 'Oh, a baby is born', I think, 'Oh my gosh I've got to start on another hat,'" she says. The caps come in many different styles, not just pink and blue. They are also available in the St. Alexis Gift Shop for purchase.

"Parents truly enjoy the gift, ... the cap is a keepsake."

Sue and her friends are not the only group that donates caps to the St. Alexis BirthPlace. The Telephone Pioneers of America is a volunteer organization made up of telecommunication employees and retirees who also provide knitted caps to St. Alexis.

Walter Keidel is another volunteer who enjoys watching television while he knits. In the past year and a half he has made over 200 one-size-fits-all caps, which he has donated to St. Alexis Medical Center and other community organizations in Bismarck-Mandan.

If you are interested contributing your talents and volunteering with the Seraphim and Cherubim Knitters, please contact Sue at (701) 224-9641. For additional questions on donating to St. Alexis Medical Center, please contact the Foundation at (701) 530-7065.





Greetings from the President & CEO



Andrew L. Wilson
President & CEO

*"Thank you again
for choosing
St. Alexius Medical
Center as your
family's healthcare
provider."*

Arranging a planned gift for the benefit of St. Alexius Medical Center supports the future of the hospital and can provide benefits to you and your family. Your contribution will make a lasting difference at St. Alexius Medical Center while meeting your financial and philanthropic goals.

Arranging a planned gift supports the future of healthcare in our community. From naming the St. Alexius Foundation as a beneficiary in your will, or as a recipient of a portion of your Retirement Account; to more complex trust arrangements, there are numerous opportunities to include St. Alexius in your future plans.

If you're not sure how the St. Alexius Foundation's gift plans can meet your financial goals, log on to www.st.alexius.org and click on Make a Donation / Foundation on the right side of the page. By selecting the Planned Giving option, you will get a better understanding of the ways you can make a difference at St. Alexius. If you are already considering certain giving options, or you want to learn more about one of these strategies, please contact Jaclyn Bugbee at (701)530-7394 or via e-mail at jbugbee@primecare.org.

As we embark on our 125th anniversary, I want to thank you again for choosing St. Alexius Medical Center as your family's healthcare provider. Through the generosity of many loyal donors, St. Alexius Medical Center continues to provide the highest level of medical technology and physician-patient service in the region.



Kohl's Cares for Kids® Continues to Benefit Healthcare Education in 2010



Staff at St. Alexius receive a check from team members of the Bismarck Kohl's store during the Back to School Extravaganza.

Recently, Kohl's donated \$22,932 to the St. Alexius Foundation in support of three healthcare education opportunities for children in Bismarck-Mandan and throughout the region.

Children's Fun and Health Day will take place on March 25 at the Bismarck Eagles Club. The day is open to second graders in the Bismarck/Mandan and surrounding areas to learn about health and safety issues in a fun environment. Each year, over 600 students learn about fire and poison safety, nutrition and stranger awareness.

Summer Fun and Safety Day, which is open to first and third grade students, will be held May 13 at Sertoma Park in Bismarck. As you can guess, this event focuses

on safety during summer activities. There will be stations set up to discuss water safety, head injuries, the benefits of exercise and weather issues.

The third event of the year takes place just after school starts. On September 17 the **Back to School Extravaganza** will be held at the St. Alexius Center for Family Medicine in Mandan. This event is open to students from kindergarten through sixth grade. They will learn about the importance of healthy eating, exercise, and backpack safety.

To learn more about **Kohl's Cares for Kids®** or any of these programs, please contact the St. Alexius Foundation at (701) 530-7065.



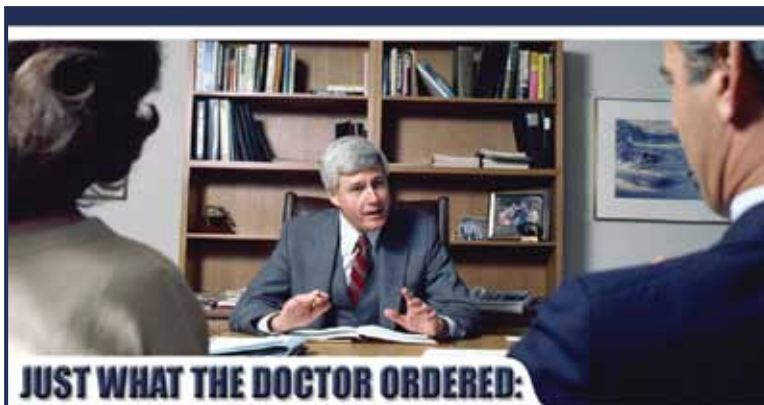
Amelia and Leo Wolf join the Alexian Society



In December, Amelia and Leo Wolf of Bismarck became the most recent members of the St. Alexius Foundation **Alexian Society** by donating property through a ten year annuity.

"Their generosity will truly impact future generations of patients at St. Alexius Medical Center," explains Jaclyn Bugbee, Director of the St. Alexius Foundation. "We are very thankful Leo and Amelia chose St. Alexius as the benefactor." The home was originally purchased by Leo and Amelia to raise their family, but has since been used as rental property. Their support will provide funding for the Children's Center of Excellence and the Cancer Center of Excellence at St. Alexius.

If you are interested in learning more about creating a legacy at St. Alexius through a Charitable Gift Annuity, or about the Alexian Society, please contact the Foundation at (701) 530-7065.



Understanding Estate Planning in Times of Uncertainty

This program will help attendees understand:

- The effects of the Estate Tax Repeal of 2010
- How the Recession changes Estate Planning
- Changes in Capital Gains Taxes and your Investments

Presenter:

Mark Monasky, MD, JD, Bormann, Myerchin, Monasky & Espeseth LLP

Thursday, March 18, 2010

4:00 pm and 7:00 pm

St. Alexius Medical Center Boniface Auditorium

Cost: FREE

RSVP by Tuesday, March 16 by calling (701)530-7700 or (800)843-9628

Refreshments will be provided.

Sponsored by:



In Memory of...

Adam Atkinson.....	D. Glatt
Adeline Anderson.....	Dr. Sara Jumping Eagle
	Bert Bailey
	F. Deibler
	Eddy Horn
	Jason Kleven
	Jerome Pennington
	Becky Raddohl
	Julie Reimann
	Richard Staehr
	James Volk
Alma Jane Roehl.....	Alerus Financial
	John Brammell
	Floyd Chalcraft
	Patricia Dwyer
	Julius Goplin
	Leon House
	Karen Katzung
	David Mellen
	Roger Roehl
	Dorothea Schwengler
Annie Vetter.....	Annie Vetter Estate
Bette Chase.....	Delores Chase
	Jon Pfeiger
Betty Ost.....	Ellen Schafer
Bill Spotts.....	Jean Albertson
	Harry Boyce
	Everett Carlson
	CKF Living Trust
	Patrick Conmy
	James Dixon
	Bruce Fjelde
	Dale Haakenstad
	Mary Haas
	Nathaniel Hall
	Maura Jones
	Vernon Kindseth
	John Lauer
	Robert Lynne
	Carol Malloy
	Elizabeth Marthaler
	Carol McCullough
	James Nelson
	L. Price
	Ollie Spotts
	James Staples
	Laurel Sullivan
	Gerald Waldera
Burdette Burt.....	Mavis Burt
	Gerald Dimmler
Carol Garske.....	Ralph Botnen
Myron Conitz.....	Evelyn Conitz
Donald McGuire.....	Rodney Wilson
Donald Urbatsch.....	Donald Urbatsch
Edward Orman.....	Kenneth Astrup
	Timothy Horner
Edwin & Una Kolberg.....	Pat Gross
Florence Bachmeier.....	Steven Deichert
Harold Peterson.....	Alexander Dove
	Joann Nelson
	Reva Pedelty
Jack Wilborn.....	ND Oil & Gas Division & Geological Survey
James Roth.....	Roger Roehl
	Ruth Roth
John & Gretchen McDonald.....	George McDonald
John Heidrich.....	Jack Heidrich
John M Sawicki.....	John Sawicki
John Yantzer.....	Du Wayne Muth Agency
Judy Dehne.....	Roberta Westbee
Karol Nowosielski.....	Anonymous
Katherine Rohrich.....	Karen Hogue
Ken Ervin.....	Gladys Ervin
Kenneth & Margaret Oberg.....	Melody Hopfauf
	Sandra Young
Laurence Franklund.....	Ruth Franklund
Leo Zeisler.....	Mark Bina
Madeline Birst.....	Kenneth Birst
Marion Carter.....	John Anderson
	Carter Family
	Kent Schulte
Maxine Mizera.....	William Rosenberg
Min & Marvin Krein.....	William Krein
Robert Herr.....	Mary Herr
Rose Heidrich.....	Linda Knodel
Rose Jahner.....	Irene Blotsky
Sarah Ann Haugen.....	John Buchmann
	Flasher Community Credit Union
	Dennis Freed
	John Haugen
	Mark Haugen
	Clark Johnson
	Raymond Ridl
	Benedict Roller
	John Verwey
Theresa Schumach.....	Pat Berg
Timothy Kellerz.....	Larry Freed
	Gail Keller
	Edward Lloyd
	Albert Wolf
Walter Essig.....	Margaret Pretzer
Wayne Miller.....	David Schmidt

In Honor of...

Abigail Ann Ament.....	Brian Ament
Chris Aducci, MD.....	Prairie Lakes Healthcare System

Simonson Station Stores Donates \$2,530 for *Gallons of Support* Campaign

Throughout the month of November, Simonson Station Stores partnered with St. Alexius Medical Center for the *Gallons of Support* campaign. For each gallon sold on Saturdays in November, Simonson's donated ten cents to the Patient and Families Emergency Fund. This fund was established to assist families in times of an emergency when a loved one is receiving treatment at St. Alexius Medical Center.

Established in 2008 by the St. Alexius Diversity committee, the Patient and Families Emergency Fund truly exemplifies the mission of St. Alexius, *"Let all be received as Christ."*

Over 25,000 gallons of gas were purchased to benefit this worthwhile program. A special thank you to Simonson Station Stores, Cumulus Radio, KFYZ-TV and the Bismarck-Mandan community for supporting the Gallons of Support Campaign.



Andrew Wilson, President and CEO of St. Alexius Medical Center, Sr. Renee Zastoupil, chairperson of the St. Alexius Diversity Committee were presented a check for \$2,530 from Levi Schafer and AJ Aamot of Simonson Station Stores.

You are receiving a complementary copy of Innovations as a friend of St. Alexius Medical Center. Please write to us at the name and address below if you wish to have your name removed from our mailing list in the future.

TO CONTACT A FOUNDATION STAFF MEMBER:

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 **St. Alexius Medical Center Foundation** (701) 530-7065
www.st.alexius.org/about/foundation