Quarterly Newsletter of the St. Alexius Foundation

FALL 2009

St. Alexius and the Fort Lincoln Foundation Partner-Up at the Fest of the Fort





old spent a fun filled weekend, June 20th and 21st, at Fort Abraham Lincoln State Park during the Fest at the Fort. The collaboration between St. Alexius Medical Center and the Fort Abraham Lincoln Foundation created a new twist to the Fort's Frontier Army Days Celebration.

Visitors toured the Frontier Army encampment; learning about life on a military post in the 1800's, spent an afternoon at the home of George and Libby Custer and ended the evening with the St. Alexius Community Barbecue feasting on Cloverdale St. Louis Ribs and listening to the sounds



Highlights included:

• Artillery Demonstrations

of Nightlife and the Joe Friday Band.

- Stars of the Medora Musical
- Soldier for a day enlistments
- Fort Lincoln Melodrama
- Tours of the Custer House and On-a-Slant Village
- Medicine on the Post presented by Dr. Herbert Wilson
- St. Alexius Community Barbecue and Concert



The event kicked off Saturday morning with the Fort Lincoln Road Race. Over 50 participants ran and walked through the hills south of Mandan. Saturday afternoon's entertainment included a special presentation by the Stars of the Medora Musical.

Horses, cannons, General Custer and Alex the Cat? Spectators young and

Sponsors of the event included: Jerome Distributing, St. Alexius Medical Center, Pepsi, Cloverdale, Fort Abraham Lincoln Foundation, Dan's Supermarket, Fort Abraham Lincoln State Park, Cumulus Broadcasting, United Printing, KFYR-TV and Mysteria Theater.



We hope you will be able to join us again next year as St. Alexius Medical Center celebrates it's 125th Anniversary.

Picture #1: General Custer poses with Alex the Cat.

Picture #2: Children become soldiers for a day.

Picture #3: The Stars of Medora Musical perform Saturday afternoon.

Picture #4: Attendees are entertained by musical talent throughout the weekend.



Greetings from the President & CEO



Andrew L. Wilson President & CEO

"As you can see, your commitment to our patients continues to make a difference each day at St. Alexius Medical Center." In this last fiscal year, more than \$500,000 was raised by the St. Alexius Foundation. Along the way, many, many new friendships and community partnerships were established. Because of your generosity, over \$85,000 in grant funds were awarded to programs and services at St. Alexius to enhance patient care.

From equipment upgrades, enhanced training for staff and healthcare education; to donations that provide patients comfort, your commitment sets St. Alexius apart from other healthcare institutions.

Below are examples of your generosity and its impact on our patients every day:

- Six new **pediatric crash carts** will be utilized in the Emergency & Trauma Center, Children's, Heart Catheterization Lab, Same Day Surgery Center, Post-Anesthesia Recovery Unit and Specialty Clinics. These updates will enable staff to respond to children's needs in a more efficient manner.
- Inpatient Beds in the Intensive Care Unit and inpatient Psychiatry enhance technology for patients.
- On July 15, Dr. Leslie Rainwater performed **Prostate Seed Therapy** for the first time at St. Alexius Medical Center. Equipment to begin this therapy was provided through a Foundation grant.
- Accessibility to the Regional Renal Services Center of Excellence increased with the addition of ten **wheelchairs**.
- Bereavement education, Hope for the Holidays and the Hospice Tree Planting provided support for the families of Home Health and Hospice patients.

As you think about your giving this year, please consider including the St. Alexius Foundation in your plans. So many grateful patients, their families, and loved ones have shown their appreciation for the truly wonderful care that is provided every day. Together, we can continue to enhance that care with a charitable gift. Through your efforts, we fulfill our mission, "Let all be received as Christ."



St. Alexius Washburn Clinic Benefits from a McLean Electric Cooperative Grant



Andrew L. Wilson and Dean Mattern are presented a check from Don Sorge and Marty Dahl of McLean Electric Cooperative.

St. Alexius Washburn Family Clinic will be the initial recipient of the newly established McLean Electric Cooperative's revolving loan fund program. McLean Electric Cooperative was awarded a \$200,000 Rural Economic Development RedLG Grant from USDA Rural Development to create a revolving loan fund program. Funds for this grant were utilized to establish and enhance technology at the St. Alexius Washburn Family Clinic.

The purpose of the RedLG grant is to encourage rural electric and telecommunications utilities to promote rural economic development and job creation. Loans are provided to finance a broad array of projects, including community development assistance, education, job training or medical services, business

incubators, and technical assistance. "We are delighted to partner with the McLean Electric Cooperative for such an important part of our Ministry", explains Andrew L. Wilson, President and Chief Executive Officer of St. Alexius Medical Center. "This program is an excellent example of industry playing a key role in rural economic development and it will have a very positive impact in meeting the health care needs of those living in the Washburn region."

Upon repayment of the loan, the funds will be used by the utility to create and operate a revolving loan fund program to promote rural economic development and job creation projects. Other contributors to this project were Great River Energy, Garrison Area Improvement Association and West River Telecommunications. The St. Alexius Washburn Family Clinic opened in 2006.

Savings Bonds Make Great Charitable Gifts

You're rummaging through an old file at home and surprisingly stumble across some savings bonds purchased many years ago.

These bonds have accumulated a great deal of interest. Dollar signs flash before your eyes as you ponder cashing them in. However, you also know that if you cash them in, you'll pay a sizeable amount of taxable interest on your income tax return.

Consider using your savings bonds as charitable gifts to the St. Alexius Medical Center Foundation. The charitable income tax deduction from the gift reduces some, if not all, of the income tax burden.

If you decide to leave your savings bonds to the St. Alexius Foundation, a tax-exempt organization, the income tax on the accrued interest is avoided. The full amount goes to charity and the accumulated interest income will never be taxed.

Savings bonds are often given as estate gifts in wills, which are quite easy. Simply consult with your tax attorney or investment representative to have a provision in your will that states that your savings bonds shall become the property of the St. Alexius Foundation after your death.

If you have questions, please call Jaclyn Bugbee, Director, at (701) 530-7394 or drop her an email at jbugbee@primecare.org.



Why Understanding Basic Estate Planning is Good for Your Health

This presentation will cover the basics of wills, probate, and powers of attorney. Attendees will learn:

- · What assets a will does and does not cover
- The probate process unmasked
- Types of powers of attorney and what they accomplish

Presenter:

Mark Monasky, MD, JD, Bormann & Myerchin LLP
Thursday, October 8, 2009
4:00 pm and 7:00 pm
St. Alexius Medical Center Benifece Auditorium

St. Alexius Medical Center Boniface Auditorium Cost: FREE

RSVP by Tuesday, October 6 by calling (701)530-7700 or (800)843-9628

*Refreshments will be provided.

*Sponsored by:



7 71	
In Memory of	
Alice Spah	Mr. Albert Snah
Doop Nowton	Mc Mary Nowton
Dean Newton Ellsworth Fitzgerald Florence Bachmeier	
Ellsworth Fitzgerald	Ms. Neida Fitzgerald
Florence Bachmeier	Mr. Steven Deichert
Florence Lenhardt	Mr. Wayne Boekes
	Ms. Janice Daffinrud
	Ms. Judith Duran
	Mr. James Ehli
1-36 F - 1	Mr. David Finch
*2000 Ex	Gries & Lenhardt, P.L.L.P.
	Ms. Priscilla Judah
-34 34 (35)	Mr. Frank Kilzer
TESTER WAS	Mr. Devin Kormanik
	Mr. Terry Kristensen
	Mr. Thomas Lenhardt
	Ms. Gerry Lunn
	Mr. Timothy Seaworth
1 31	Ms. Theresa Tarpo
Geri Heinsohn	Mr. Roger Roehl
Hildegarde Becker	Mr. DeVerne Schatz
Jim Walker	Mr. Steven Gates
Jill Walker	Mr. Ernest Jochim
T	Mr. Al Ternes
	Mr. Randall Volk
A.	
/ n = n	Ms. Judith Walker
Mardie Zuelke	Ms. Bernice Walton
Mary Steckler	Mr. Joseph Steckler
Maureen Graden	Mr. Dale Kraft
Merle Bennett	
Min & Marvin Krein	Mr. William Krein
Nancy Fetsch	Mr. Arthur Merkel
rane, resemination	Mr David Schmidt
Peter Heinert	Ms Filoon Hoinart
Rosemary Wetsch	Mr. Pick Parphardt
Rosemary Weisch	
Sarah Ann Haugen	Mr. John Weisch
Sarah Ann Haugen	Mr. Gary Zent
	Mr Steven Wollmith
Mr. Shirley AndersonSchweitzer	Engineering Laboratories
Ted Oneiser	Ms. Linda Knodel
Tim Hagen	Ms. Linda Knodel
Todd Pierce	Ms. Linda Knodel
Veronica Freidt	
_	,
In Honor of	
Dr. Michael Booth	Ms. Heather Brien
John Werner	
Martha Reichert	Mr. Patrick Dingus

Foundation Welcomes New Staff

The St. Alexius Foundation has recently added two new members to their staff.

Jill Bourgois was hired in April as the Grants Coordinator. Jill brings over 20 years of experience in grant writing, economic development and finance. As Grants Coordinator, she will assist staff, departments, and our affiliates prepare and submit applications for private, public and federal funding. Originally from Bismarck, Jill enjoys reading, spending time with family and golfing.

Erica Davis was hired in August as the Projects Specialist. Erica brings over five years of experience in finance and accounting. As Projects Specialist, she will coordinate events and provide back office support for the Foundation. Originally from Bismarck, Erica enjoys spending time with her daughter, scrap booking and yoga.



Forefront in Healthcare: Healing the Tiny Hearts of the Great Plains

In 2007, Dr. Patricio Fernandez joined St. Alexius Medical Center as the region's first and only Pediatric Cardiologist. Since that time, over 50 children have been healed with his caring hands.

On October 8, Dr. Fernandez will illustrate four cardiac procedures available at St. Alexius Medical Center during the Forefront in Healthcare Luncheon in Boniface Auditorium.

During the luncheon, Dr. Fernandez will touch on the following procedures:

- Atrial Septal Defect
- Patent Ductus Arteriosus
- Pulmonary Balloon Valvuloplasty
- Diagnostic Cardiac Catheterization

In the last year, Dr. Fernandez has successfully completed 12 of these innovative procedures, none of which had been performed in the western region of North Dakota. He has also diagnosed Tetralogy of Fallot in a set of twins. This diagnosis also included a mosaic for Klinefelter syndrome, which is extremely rare.

> Patricio Fernandez, MD Pediatric Cardiologist

Prior to joining St. Alexius, Dr. Fernandez worked as a Pediatric Cardiologist and Neonatologist with medical privileges at the most respected children's and general acute care hospitals in Mexico City, Mexico; Toronto, Canada, and Corpus Christi, Texas.

For more information on the Forefront in Healthcare Luncheon or to RSVP, please contact the St. Alexius Foundation at (701) 530-7065.

You are receiving a complimentary copy of Innovations as a friend of St. Alexius Medical Center. Please write to us at the name and address below if you wish to have your named removed from our mailing list in the future.

TO CONTACT A FOUNDATION STAFF MEMBER:

laclyn Bugbee, Director (701) 530-7394 jbugbee@primecare.org

Erica Davis, Projects Specialist (701) 530-7389 erdavis@primecare.org

Jill Bourgois, Grants Coordinator (701) 530-7395 jbourgois@primecare.org

