

St. Alexius Toastmasters Club 1655



All PrimeCare employees are eligible to become members of the St. Alexius Toastmasters Club. Current members come from a variety of service locations across the PrimeCare network and include:

Renae Balzer, Northern Plains Lab

Jeff Beauchamp, Bio Medical

Mary Boyd, Nursing Service

Jeanne DeKrey, Human Performance Center

Annette Mehlhaff, Education / Inpatient Psychiatry

Michelle Fike, Archway Mental Health Services

Marlys Harrison, Mid Dakota Clinic

Lauree Hellman, Partial Hospitalization Program

Ardyce Hoffart, Admissions

Rob Hoffman, Bio Medical

Greg Jund, Human Performance Center

Michelle Key, Medical Staff Services

Becky King, Food and Nutrition

Elaine Kucera, Clinical Research Services

Rosemarie Kuntz, Specialty Clinics

Sr. Susan Lardy, HR / Mission Effectiveness

Chris Pauling, Nursing Service

Mary Scott, Emergency Trauma Center

Rick Seiler, Occupational Rehab

Tom Storick, Information Systems

Robin Thorstenson, Volunteer Services

Kate Wight, Archway Mental Health Services

Membership Information

If you are a PrimeCare employee who is interested in becoming a member of the St. Alexius Toastmasters Club, please join us at our next meeting! We meet the first and third Wednesday of each month in the St. Alexius Boardroom from 12:00-1:00 p.m..

What to expect at a St. Alexius Toastmasters Meeting

- A mutually supportive and positive learning environment in which to build communication skills and grow as a leader.
- Opportunities to improve speaking skills through formal speeches and impromptu speaking roles
- Opportunities to improve listening skills through evaluating speeches presented and filling roles that listen for the use of proper grammar.
- Plenty of Fun and Fellowship!!

What to expect when you've decided to become a member

- New members are assigned a Mentor to assist them with any questions they have as they begin their journey as a member of St. Alexius Toastmasters
- New members are voted into the club and subsequently inducted as members. Induction into the club includes the pledge of the new member to attend meetings regularly, to evaluate others in a positive, constructive manner, and to prepare fully for assignments (such as speeches and leadership roles within a meeting). Induction also includes the pledge of the current members of the club to support the new member in their quest for self-development, to provide positive, helpful evaluations, and to contribute to a rewarding, fulfilling experience for club members.
- Club Fees include a \$20.00 one-time new member fee and \$5.00 per month dues.

For more information about joining the St. Alexius Chapter of Toastmasters, please contact Elaine Kucera, Vice President of Membership at ext. 6954 or Kate Wight, Vice President of Public Relations at ext. 7373.