



St. Alexis
Foundation

innovations

"Celebrating the past - creating the future."

Quarterly Newsletter of the St. Alexis Foundation

FALL 2008



Skylar Schreiner is a typical eight (8) year old girl. Her days are filled with dance, sleep-overs and spending time with friends. What sets Skylar apart - making a difference in the lives of children who are cared for at the St. Alexis Children's Center.

Skylar and her brother Riley, were diagnosed with a severe form of Asthma at a very young age. Throughout their young lives, they have spent time in the Children's Center at St. Alexis. After a visit in 2007, Skylar was disappointed in the games and toys that were offered at the Children's Center while confined to her bed. She became bored and restless during her visit.

Skylar decided to do something to make a difference. Last November, Skylar, her mother and father, organized bake sales to raise money to purchase new toys and games for the Children's Center at St. Alexis. Through her efforts, many children benefited.

This year, Skylar is on another quest - to increase her donation.

Making a Difference - Through the eyes of a CHILD

In October, Skylar along with tremendous support from her elementary school, Pioneer Elementary, and Riley's daycare, ECLC, clothes and other items were donated towards a garage sale held at Skylar's home. Funds raised topped \$700. She also coordinated another bake sale at her mother's office, Williston Basin Pipeline, which raised almost \$200.

South Wal-Mart pledged \$1,000 to help Skylar continue to make a difference for the Children's Unit. "The grant from South Wal-Mart is awesome", says Hope Schreiner; "Skylar's quest will make a greater impact with their help."

On October 24th, Skylar met with volunteers from RSVP to make tie blankets for the children who will spend the holidays in the Children's Center. With the help of a donation through the St. Alexis Foundation and Hancock Fabrics, Skylar purchased enough fleece to make 20 blankets.

Through her efforts, Skylar continued to make a difference. "Skylar is an extraordinary little girl," says Andrew Wilson, President / CEO at St. Alexis, "she has truly made a difference for the patients

in our Children's Unit." Skylar has planned another bake sale in November at her father's workplace, Ressler Chevrolet.

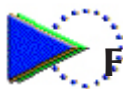


Consider a gift to the St. Alexis Foundation to continue Skylar's Quest. Your contribution will make a difference for the children and families who are cared for in the Children's Unit at St. Alexis.

For more information on Skylar's Quest, or contributing to the St. Alexis Foundation, please call the Foundation office at (701) 530-7065.



Skylar with representatives from RSVP showcase their blankets.



Forefront in Healthcare

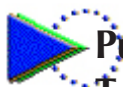


Andrew L. Wilson
President & CEO

As technology changes, innovative procedures continue to enhance treatment for you and your family. Members of the St. Alexius Foundation *Circle of Healing* and the *Alexian Society* will be invited to join us for Forefront in Healthcare Luncheons. These luncheons will showcase procedures and practices that set St. Alexius apart from other healthcare facilities in the region.

At St. Alexius, we strive to utilize technology to enhance procedures and other practices that improve your health and save lives. Through these luncheons, St. Alexius is leading the charge to empower you to understand treatment options available to you. Through education, we believe you will be able to make clear choices for your treatment, and ultimately lower your healthcare costs.

For more information on the Forefront in Healthcare Luncheons or how you can become a *Circle of Healing* or *Alexian Society* member, please contact Jaclyn Bugbee, Interim Director of the St. Alexius Foundation at (701)530-7394.



Put a New Twist on your Family Tradition this Holiday Season

Like many, you and your family have traditions. These holiday traditions strengthen and unify your family and help build caring communities.

One tradition, charitable giving, has always been a part of American life. Ninety percent of Americans age 40 and older report making a contribution in the past year or so. Now, during this holiday season, you can add a new twist to your generosity. Consider making your charitable gift to the St. Alexius Medical Center Foundation in someone else's name.

Finding the Connection

The trick is to find the type of gift that holds special meaning for the person. We have many options available for recognizing a friend, family member or an individual you hold in high esteem.

Consider making your gift toward our endowment. This type of gift creates a permanent legacy that the person can enjoy over the years when visiting our organization.

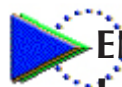
You'll discover plenty of ideas of your own, once you stop to think about the interests of the person you want to honor. Through the Grateful Patient and Families program, consider honoring the physician, nurse or staff member who cared for you or your family.

Creating the Custom

Once you've chosen the perfect way to honor someone, you can enlarge your gift by involving other relatives.

And who knows? Your example may spur a new tradition in other families.

Please contact the St. Alexius Foundation for more information at (701) 530-7065.



ENCORE! - Charitable IRA Legislation Passed

Don't miss the second-chance opportunity to make a tax-free gift from your IRA!



There's good news for individuals aged 70½ or older with individual retirement accounts. Thanks to the extended charitable IRA legislation, you can once again make outright gifts using IRA funds without tax complications.

If you are required to receive minimum distributions from your IRA and you do not need the money for personal use, consider using those funds to enhance patient care for your family, friends and neighbors. While you cannot claim a charitable deduction for the IRA gifts, you will not pay income tax on the amount.

You may contribute funds this way if:

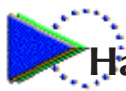
- You are 70½ or older
- Your IRA gifts total \$100,000 or less each year in 2008 & 2009
- You transfer funds directly from an IRA

The Benefits-Music to Your Ears

- In most cases, the transfer counts toward your minimum required distributions.
- The gift generates neither taxable income or a tax deduction, even those who do not itemize their tax returns receive the benefit.
- You may transfer up to \$100,000 directly from your IRA in 2008 and again in 2009.
- The distributions may be in addition to or fulfill and charitable giving you have already planned.

The Next Step

Be sure to contact tax professionals and your IRA administrator if you are considering a gift under this law. Feel free to call Jaclyn Bugbee at (701) 530-7394 for more information.



Having Fun while Learning about Safety

On August 5th, students throughout Bismarck and Mandan spent the afternoon at the St. Alexius ~ Kohl's Cares for Kids® Back to School Extravaganza held at the Center for Family Medicine in Mandan. Over 700 students made their way through different educational booths to learn more about back to school safety.

This event was made possible through the Kohl's Corporation Kohl's Cares for Kids® program. Proceeds from sales of Kohl's Cares for Kids® merchandise at the local Bismarck store fund healthcare education for children in Bismarck-Mandan and surrounding areas. Since 2006, Kohl's has donated almost \$40,000 to provide these programs.



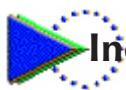
Howard Walth, RN takes a height measurement.



The Mandan Police Department take fingerprints.

The Mandan Police Department, Fire Department, Metro Area Ambulance, the Bismarck Sertoma Club and Emergency Medical Services for Children joined St. Alexius Medical Center to provide this education. Students learned about height and weight assessments, finger printing, finger casting, fire safety, healthy snacks, building their own first aid kits, hearing safety, medication safety, backpack and bike helmet safety and the benefits of exercise. Students competed in wheelchair races and entertained themselves on Inflatables while listening to music from HOT 97.5 and 103.3 US Country. Students also were entered into drawings for prizes donated by Wal-Mart, Ressler Chevrolet, Cumulus Broadcasting, Scheels, Terry Kraft Agency, North Dakota Safety Council, Kohl's and the St. Alexius Foundation.

St. Alexius Medical Center and the St. Alexius Foundation would like to thank those who sponsored prizes and to all who participated in this event. The event will take place again next year at the Center for Family Medicine in Mandan.



Increase your Income and Support St. Alexius

Are you interested in increasing your income and receiving tax benefits while supporting the patients and families at St. Alexius Medical Center? If so, these goals can be accomplished with a Charitable Gift Annuity (CGA). A CGA is simply an agreement between you and the St. Alexius Medical Center Foundation in which you transfer an irrevocable asset to the Foundation and the Foundation returns payments to you for life. Because the agreement is between you and the Foundation, the Foundation is responsible for making the annuity payments. The older you are, the higher the annuity payment you will receive. You can establish a charitable gift annuity and receive an immediate income tax deduction. A typical charitable deduction is approximately between 30 and 50% of the gift value. As an added bonus, the State of North Dakota will give you an additional 40% tax credit on your state income taxes!

Here's an example of a CGA: Martha, age 76, establishes a CGA with the St. Alexius Medical Center Foundation for \$100,000. The recommended annuity rate is 6.3 percent, which means that Martha will be paid \$6,300 annually for the rest of her life. She will receive an income tax deduction along with an additional state income tax credit. Part of the payments that go to Martha are also not taxable.

"CGAs are very simple for the Foundation to set up and very simple for you to establish," said Jaclyn Bugbee, Interim Director of the St. Alexius Foundation. "CGAs are attractive to anyone with an interest in supporting patients and families at St. Alexius." If you are interested in learning more about CGAs contact the Marquette General Foundation at (701) 530-7065, to provide free, easy-to-understand printouts on CGAs related to your interests.

Transition in the Foundation

In 2001, Rodger Wetzel became the Director of the St. Alexius Foundation. Under Rodger's direction, the Foundation has grown and expanded opportunities for donors to continue to enhance patient care at St. Alexius Medical Center. The Foundation launched the Grateful Patient and Families program, introduced by the *Circle of Healing* giving circle and published *Innovations*, a quarterly newsletter of the St. Alexius Foundation.

In September, Rodger stepped down as Director of the Foundation to work full time as the Executive Director of the Northland PACE program in Bismarck. Northland is an organization that St. Alexius is a part owner of. Rodger will continue to represent St. Alexius Medical Center through the Eldercare program and its various activities.

Jaclyn Bugbee has been appointed Interim Director of the St. Alexius Foundation. Feel free to contact her at (701)530-7394 or Karen Shilman, Projects Specialist at (701)530-7389 for questions regarding the Foundation or supporting St. Alexius Medical Center.

New Program Supports Families in Need

The St. Alexius Foundation along with the assistance of the St. Alexius Diversity Committee have developed a new program to support patients and families who are cared for at the medical center. The Patient and Families Emergency Fund will provide funding to assist those who have an immediate need for food, transportation and other assistance.

"There are many needs 'emergency needs' that arise when patients and families are cared for within the Medical Center," explains Sr. Renee Zastoupil, "One way of carrying out our mission is to develop the Patient and Families Emergency Fund to help them out on an immediate, limited needs basis."

For more information on this program or to contribute to support patients and families, please contact Jaclyn Bugbee at (701)530 7394.



**St. Alexius
Foundation**

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